

Facilitation Training

HANDLE WITH CARE

Join Us:

Date: December 1-2, 2022

Where: Allegro Child Care Centre

Time: 9:00am - 4:00pm

Cost: \$400.00 fee includes facilitation kit and manual.

<https://allegrochildcare.ca/hwc-facilitator-registration/>

What is Handle with Care?

The Handle with Care program is a set of simple interactive strategies to help parents, caregivers, educators and public health professionals to promote the mental health of young children.

Mental health is part of our overall health. It's about how we think, feel, our level of self-esteem and how we cope with the ups and downs of every day life.

Handle with Care believes the mental health of young children is critically important to flourish, thrive and grow into healthy adults. We believe that everyday interactions with children provide rich opportunities and teachable moments to promote mental health.

The spirit of the program is celebrating parenting and caregiving, promoting self-care and recognizing the value of each parent, caregiver and their role in strengthening the social and emotional well being of young children.

